



International Student Track

Student Session 5

Date: Wednesday, June 5, 2024

Time: 10:00 am - 11:00 am

Room: Aula 1-2, Hospedería Fonseca

Title:

Más que un Viaje: Maximizing Global Experiences through Identity Reflection

Abstract:

Study abroad is one of those powerful experiences that can influence personal growth long after the program is over. It can also be a time where we experience our various, intersecting social identities in different ways. This interactive workshop will explore how reflecting before, during and after a global program can help maximize the impact of these experiences. Students will be introduced to Gibb's Reflective Learning Cycle and tools to reflect on global experiences with an identity lens. Through a mix of discussions and reflective exercises, we will work as a group to gain practical strategies for enhancing cross-cultural competencies, unpacking experiences abroad, and leveraging global learning in personal and professional development.

Presenters:

Ruby Esperanza Shields

Senior Diversity Relations Manager

IES Abroad

USA